YOGA 4 HOPE CLASS SCHEDULE

Location: Charles Clark Square (215 Chatham Street East: outdoor skating rink)

TIME	11am-12:00 pm	12:15pm-1:45 pm	2pm-3:15 pm	4pm-5:15 pm	6pm-7:15 pm	8pm 9:15pm	9:15pm - 9:30 pm
CLASS	YOGAKIDS Ages 4-12	NEVER DONE YOGA!	PEACE	COURAGE	STRENGTH	*HOPE	*MEDITATION OF HOPE
WITH	SIMONE REAUME-HAYES	LAUREL HICKS	ADELE GROGAN-FOX	LISETTE HART	GINA WASSERLEIN	ROMANO FORMICUCCIA	JACKIE SAVI-CANNON
						*CANDLELIT	*CANDLELIT

Adults $30 Kids $10

For more info visit

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ALL proceeds to breast health centre-WRH